

Your Guide to the Benchmark 3 Toolkit

The path outlined below is the recommended sequence for completing the Benchmark 3 toolkit resources. However, there is no single “correct” order—The process is flexible and can be adapted to fit your organization’s unique needs. What matters most is continuing to make progress.

The Well Workplace® Process is iterative and dynamic, providing insights to help move your wellness initiatives forward. As your organizational culture evolves, revisit these resources annually to keep wellness a central focus.

1. [Data Collection Checklist](#) | [Toolkit](#)

Beyond biometrics and health risk data, this toolkit will help you identify the most meaningful information you need to know to help employees live healthier lives while shaping the culture you want for your organization.

2. [Legal Compliance Checklist](#) | [Quick Guide](#)

Use this checklist as a guide to help you consider compliance issues that may arise when designing and reviewing your workplace wellness strategy.

3. [Employee Needs and Interest Survey](#) | [Sample](#)

Use this tool to learn and understand what employees really want from a worksite wellness initiative.

4. [Health Culture Audit](#) | [Sample](#)

Use this sample health culture audit to evaluate how well your organization’s environment, policies, and practices support employee health and well-being. This can help in identifying strengths, gaps, and opportunities for improvement.

5. [Survey Samples](#)

Use these sample surveys to assess the wellness of employees within your organization and to identify where additional support, resources, or benefits may be helpful.

- a. [Hybrid Work Survey](#)
- b. [Social Wellness Survey](#)
- c. [Financial Wellness Survey](#)
- d. [Job Satisfaction Survey](#)

6. [Additional Resources](#)

This section includes other beneficial resources to support your Benchmark 3 progress.

