



Cathy Temple, MBA, CWP

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Cathy Temple, MBA, CWP (she/her) is the Director of Employee Experience at University of Illinois Hospital and Clinics (UI Health), where she leads enterprise-wide strategies focused on employee engagement, wellness, recognition, onboarding, and organizational culture. With more than two decades of experience creating meaningful employee experiences in healthcare, she is passionate about helping organizations build environments where people feel connected, valued, and empowered to thrive.

Cathy recently earned her Certified Wellness Practitioner (CWP) credential through the Wellness Alliance, further strengthening her expertise in evidence-based workplace well-being strategies. She currently leads UI Health's Revitalize wellness program and Well Workplace Award efforts, integrating wellness, engagement, and culture initiatives to support both employee well-being and organizational performance.

As a healthcare leader and wellness practitioner, Cathy believes that exceptional patient care begins with a healthy, engaged workforce. She is excited to share how the Wellness Promotion Competency Model and the CWP certification have enhanced her professional practice, expanded her strategic approach to well-being, and reinforced the value of wellness as a driver of culture, engagement, and organizational success.