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Suzy Harrington, D.N.P., R.N., MCHES, is a nationally recognized leader in systems-based health promotion and the creator of the Harrington Well-Being Model. With over three decades of leadership experience spanning health care, higher education, corporate, non-profit, and public health sectors, she has held executive roles, including chief wellness officer and assistant vice president for workforce and student well-being. Her work has guided both national and international organizations in developing integrated, sustainable cultures of health and well-being. She has also contributed to various major initiatives, including the development of the Okanagan Charter. Widely recognized as a speaker, consultant, and author, she is known for translating complex challenges into practical, actionable strategies. Dr. Harrington holds a doctor of nursing practice degree (D.N.P.) in business and leadership of healthcare and is both a registered nurse and a Master Certified Health Education Specialist (MCHES). Her new book, *Building Health-Promoting Organizations: A Practical Model for Making It Happen*, provides leaders with tools to move from fragmented programs to intentional, culture-changing strategies.