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Bobby Ansari is a certified spiritual care professional with the American Association for Clinical Pastoral Education and a Certified Wellness Professional. She holds a bachelor of commerce degree from McGill University and a master's degree from the Johns Hopkins Institute for Medicine, Spirituality, and Trauma Counseling, with advanced training in cultural psychiatry, complex trauma, and integrative care. Fluent in English, French, Bengali, and Turkish, and a citizen of both Canada and Bangladesh, Bobby brings a rare level of intercultural and interfaith fluency to her work. Her professional experience spans clinical, academic, and international contexts, including spiritual care roles at Walter Reed National Military Medical Center and Georgetown University Hospital in Washington, D.C., and teaching English in Ankara and Antalya, Turkey. She also has a background in broadcasting and social media, with several viral articles addressing the cultural appropriation of yoga. Informed by immersive study and mentorship across Islamic, Christian, Buddhist, Hindu, Jain, and First Nation's traditions, Bobby is known for creating sacred, trauma-informed spaces for individuals navigating spiritual crises, grief, and personal transformation.